

Banque d'aliments Sudbury Food Bank



THANK YOU FOR YOUR SUPPORT!

We would like to extend our heartfelt thanks to everyone who contributed to the Sudbury Food Bank this year so far. From individual donors to our community groups and local partners, your support continues to make a meaningful difference in the lives of many. Thanks to your donations, we were able to collect **124,459 lbs** of food this year so far, helping ensure that individuals and families in our community have access to essential food supplies. The continued increase in support highlights the strength and compassion of our community. Your generosity allows us to respond to growing needs, maintain reliable food access and provide hope during difficult times. Your generosity brings us closer to our goal that *no one should go hungry*. Every donation whether food, funds, or time plays a vital role in what we accomplish together.

LET'S TALK NUMBERS

124,459

pounds of food
collected

\$162,630

monetary
donations
collected

From January - April 2026



DONATE ONLINE



This spring your kindness can put food on someone's table. **Scan this code & donate today** if you can, to be part of something meaningful.

MESSAGE FROM OUR DIRECTOR

As we launch our very first newsletter, I want to sincerely thank everyone who continues to support the Banque d'aliments Sudbury Food Bank. Whether you donate, volunteer, advocate or simply help spread awareness, you are part of a community effort that helps ensure our neighbours have access to nutritious food when they need it most. We are proud to share this space with you each month as we highlight the programs, partnerships, and people making a difference across Greater Sudbury.



Natalie Labbé
Executive Director

MESSAGE FROM THE CHAIR

Hunger is often invisible, but its impact is felt every day in our community. Children arrive at school without breakfast. Families make difficult choices between paying bills and putting food on the table. Seniors stretch limited incomes to cover both medication and meals. What was once considered a temporary response to crisis has become an essential source of support for many. At the Sudbury Food Bank, we are committed not only to meeting today's needs, but to doing so with dignity. With the help of our partners, we now provide a broader range of fresh and nutritious foods while respecting cultural and dietary needs. Living our founder Geoffrey Lougheed's belief in offering "a hand up rather than a hand out." None of this is possible without you. Your generosity, time, and advocacy make a meaningful difference in the lives of our neighbours. Together, we can build a stronger community one where no one goes hungry.



Greg Fontaine
Chair



Did you know?

Last year, 2.2 million food bank visits were recorded in a single month, double the monthly usage just six years ago. This is Canada's new normal.

CHEQUE PRESENTATIONS

Thank you to all our wonderful donors



\$1500 donation from Weber Supply Distributors



\$1128 donation from Sudbury Disc Golf Club Ice Bowl 2026



\$4000 donation from Knights of Columbus #1387

DONATIONS HIGHLIGHTS

Thank you to all our wonderful donors



City of Greater Sudbury Real Estate team delivering birthday cake kits to the Sudbury Food Bank as part of their tradition of giving back on their birthdays instead of receiving gifts.



Pure Country Radio hosted Camping for Cans at the New Sudbury Centre, collecting 572 lbs of food and monetary donations in support of the Sudbury Food Bank.



CSC Nouvelon staff collected and donated 462 lbs of food to the Sudbury Food Bank as part of their "Banque alimentaire NOUVELON" initiative.



We are grateful to receive Menstrual products through the Food Banks Canada **Menstrual Equity Fund pilot.**

This initiative, supported by Women and Gender Equality Canada, helps ensure better access to essential menstrual products.



Thank you to Charitable Gaming Sudbury (Delta Bingo & Gaming) for their ongoing support, which helps fund our programs and services and allows us to support individuals and families in need.

May - Aug, 2026
Every Tuesday at 2:30 PM
at Delta Bingo & Gaming Sudbury

2026 MAY - AUGUST

TUE



SMILE COOKIES 2026

This year, we decided to decorate Smile Cookies right at our warehouse and it turned into a busy, hands-on week. Over the span of a few days, 3 Tim Hortons locations supplied us with more than 10,000 cookies and we got to work. Volunteers, the RBC team, Vale team, CTV Team, City Councillors, our Board of Directors and staff all stepped in to help decorate. It was full of long days, lots of cookies decorating, sore backs, laughs and so much community love. Cookie campaign helps raise funds to support the **CTV Lions Children's Christmas Telethon**, the **HSN Foundation** and **Sudbury Food Bank** locally. We're so grateful to everyone who helped make this campaign such a success. And next year? We're coming back even bigger!



April 27 to May 3

Smile Cookie®

100% donated*
to groups like
**Banque d'aliments
Sudbury Food Bank**

*Pre-tax Smile Cookie purchases.
At participating restaurants in Canada for a limited time. © Tim Hortons, 2026



Food Banks Canada / Banques alimentaires Canada

Did you know?

Best before dates are about quality – not safety.

Understanding date labels helps reduce waste while keeping food safe.

Best-before dates are required

For foods with a durable life of 90 days or less that are prepackaged for consumers.

Some foods are exempt or voluntary, including:

- Fresh fruits & vegetables
- Many canned & pantry items

Using dates too strictly can increase food waste.

Assess food quality using your senses:

- Appearance
- Texture
- Aroma
- Taste (when appropriate)

These "organoleptic" checks help determine quality.

JUNE

WISH LIST

Turn everyday needs into comfort for Sudbury families.



- **Canned Veggies**
Easy & affordable nutrition addition to meals
- **Oatmeal**
Affordable & healthy breakfast option
- **Kraft Dinner**
Ready-to-eat meals that are convenient
- **Rice**
Versatile base for quick, budget-friendly meals and long-term food storage
- **Canned Fish**
Can be used for Sandwiches, pasta, rice bowls



Keep these items in mind on your next grocery run!
You may not see them, but countless families feel your kindness.

CONTACT INFORMATION

Executive Director:
Natalie Labbé

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Sudbury, ON, P3C 3B6

Phone:
705.671.9663

Website:
www.sudburyfoodbank.ca
*Need food? Visit our website
or call us to know food bank
assigned to your address.*

STORIES THAT FEED US**REAL PEOPLE MAKING A REAL DIFFERENCE****MEET RON**

Ron has been volunteering with the Sudbury Food Bank since 2009, even back in our Notre Dame days and still showing up every single week. Everyone who knows Ron knows that he'll get THE JOB DONE and you're guaranteed laughs along the way! But we're so grateful for volunteers like Ron and everything he brings to our team. It's people like him who make the Sudbury Food Bank what it is today and truly we couldn't do this without you.

STAFF HIGHLIGHTS**MEET OUR NEW DRIVER: PERRY****What inspired you to join the food bank team?**

"I previously worked with the Food Bank about 15 years ago, back when it was still at the old location and this building wasn't being used for yet. When I heard they were hiring again, I didn't hesitate it felt natural to come back."

What does a typical day look like for you?

"A typical day for me involves loading the van with food and delivering them to various food bank locations. I work part-time, about three to four days a week, so each shift is focused on making sure deliveries are completed efficiently and safely."

What do you enjoy most about your role?

"What I enjoy most about my role is driving the van and meeting the people at different food bank locations. It's rewarding to be out on the road and to meet the community connections."

Any message for the community?

"I'm happy to be able to help the people in our community"

**ONE INCREDIBLE DONATION**

Someone recently made a generous donation of \$10,400 to the Sudbury Food Bank in honour of their parents. Their mother spent 47 years in Canada and their father spent 57 years in Canada. Together, that's 104 years of building a life and memories here. To celebrate this, their son chose to donate \$10,400 back to the community that meant so much to them. What makes this even more meaningful is that he no longer lives in Sudbury, yet he continues to give back to the city his parents once called home. Acts of kindness like this remind us that generosity has no distance and no limits. One thoughtful gesture can inspire an entire community. To our Anonymous donor, THANK YOU. Your generosity will help support countless individuals and families in need. Your story is truly inspiring and thank you for sharing it with us.

amazon WISH LIST

HELPING IS JUST A CLICK AWAY!



We're excited to launch our new Amazon Wish List, making it easier than ever to support local families in need. With just a few clicks, you can donate essential food and household items that go directly to individuals and families in our community. Thank you for your support!

Right now, our wish list includes 50 essential items, and we will continue updating it based on current needs.

Please click here to support:

[View My Amazon WishList](#)





DAN'S RETIREMENT

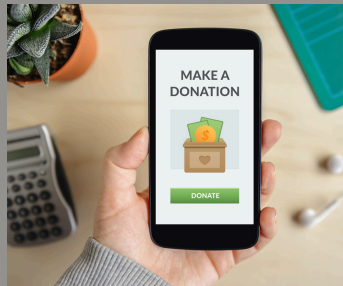
Join us as we celebrate Dan's incredible 25 years of service with the Sudbury Food Bank!

Thursday, June 11
6:00 PM – 9:00 PM
363 Car & Social Club
Tickets: \$75 each

Licensed. Cash Bar. Ticket includes Finger Foods, Appetizers and more!
 \$25 donation to the food bank.
 To purchase tickets, please call 705-671-9663. We accept credit, debit, and cash.
RSVP by June 5, 2026

WHAT'S NEXT?

- » **COMMUNITY SHARED KITCHEN**
 We're planning to launch a shared kitchen space where community members can come together to cook, learn, and support one another through food. This space will allow participants to make healthy recipes like soups or banana bread, using extra items from our warehouse such as bread products and surplus bananas.
- » **RAISED BED GREENHOUSE**
 We are planning a new raised bed greenhouse to help us grow fresh produce year round, make better use of our gardens and share fruits and vegetables with other food banks. With produce making up only about 5% of current grocery donations, this will help fill an important gap.
- » **AMAZON WISH LIST**
 Helping is just a click away. we've officially launched our new Amazon Wish List! With just a few clicks, you can donate essential food and household items that will be delivered to the Sudbury Food Bank Warehouse. Right now, our wish list includes 50 essential items and we'll continue updating it based on current community needs. Every contribution, big or small, makes a real difference.
[View My Amazon Wishlist](#)
- » **DAN'S RETIREMENT PARTY**
 Anyone who knows Dan knows his unwavering dedication to the Food Bank and the people it serves. For 25 years, he has shown up with kindness, hard work, and a genuine commitment to helping others, making. We invite you to join us in celebrating his remarkable service and wishing him well in this next chapter.



Monthly giving is easier than ever!

A little something for you can mean so much more for us.
 Set up your monthly donation online:

[Scan QR Code or Click to Donate](#)



Or call us at 705-671-9663 to arrange an offline monthly donation.

THE SADBURY FOOD BANK IS PROUDLY SUPPORTED BY

