



### **Bring on the Heat Contest Rules and Entry Form.**

1. The Wing Eating Contest is open to all mature eaters (18 years of age or older) who are in good health. Professional eaters, persons or members of any professional eating organization are not eligible.
2. Any competitor with a serious ailment or health problem may not compete in the contest.
3. Competitors may eat sitting down or standing in their designated area. Any contestant leaving their designated area during the contest will be disqualified.
4. Competitors may not make physical contact with any other competitor at any time. Any competitor who deliberately makes contact with another competitor will be disqualified.
5. The use of utensils is not allowed.
6. Milk will be supplied to the contestants—you heard us—just milk! This milk is only to be reached for when you are ready to tap out and end your competition, but it will be ready for each competitor.
7. Chicken meat must be eaten directly from bones. Stripping the bones of meat first and eating the meat at one time will not be allowed.
8. Competitor may not eat their wings until the round is officially started.
9. If contingencies or disputes arise at the contest before during or after that is not covered by these official rules the Executive Judge's decision will stand with the same finality of the rules.
10. All contestants must sign a waiver to participate in the contest.
11. To enter the contest, contestants ("The Gladiators") must collect a minimum of \$1000.00 in pledges (pledges are donations to The Sudbury Food Bank). Pledges may come from supporters of the contestant, a business sponsor, or the contestant themselves. All non-anonymous pledges of \$10 or more will receive a charitable tax receipt.



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#### The Contest

12. There are 4 levels of heat (Hot, Suicide, Super Heat and Mystery Sauce) that a contestant must make it through. Each level is eaten at the same time and consists of 4 wings sauced with the heat level of the current round.
13. Each round requires the complete eating of the wing amount allotted to proceed to the next level and each round's 4 wings must be completed within a maximum of 10 minutes.
14. If more than one competitor is still in the competition at the end of round 4, the remaining competitors will continue at the Mystery Sauce Round Level (4 wings per round) until only one competitor remains.
15. The last remaining competitor will be the winner of the Bring on The Heat trophy, Prize, and Bragging Rights for 2023.
16. There will be a further prize for the contestant who brings in the highest amount of pledges for the event. This contestant will win the "top pledge prize" no matter what level of heat they tapped out at. If the highest pledges number is shared by more than one person the prize package will be divided between them.
17. Each competitor will have the option of 3 seats at the event for cheerleaders to support them. The 3 cheerleaders will each receive a ballot for a chance at a wonder prize. More cheerleaders can come to support a competitor, but depending on spaces available only 3 ballots are guaranteed to be supplied to each competitors cheerleading squad at the present time. The draw will occur during one of the breaks between rounds.

**Bring on the Heat Entry Form**

Name: \_\_\_\_\_

Email Address: \_\_\_\_\_

Address:

Phone Number: \_\_\_\_\_

T-shirt Size (please circle 1) Adult S M L XL 2XL 3XL 4XL 5XL

In consideration of my entry being accepted I \_\_\_\_\_,  
intending to be legally bonded, do hereby, for me, my heirs and administrators,  
waive, release and forever discharge any and all claims and rights, which I  
have or which may hereafter occur against BDSFB, their partners and  
sponsors, and all other donors and contributors of the contest and assigns from  
any and all damages which may be sustained by me in connection with my  
association with or entry in and arising out of my traveling to, or participating  
in and returning from the eating contest.

Participant Signature: \_\_\_\_\_

Date: \_\_\_\_\_